



888-481-4481

CASA PALMERA

CasaPalmera.com

WHERE LIFE BEGINS AGAIN

Residential Treatment Program

Casa Palmera provides the highest quality residential treatment services for substance use and mental health problems. We are accredited by The Joint Commission and have been serving patients for the past 12 years in the tranquil beach community of Del Mar, California.

Our Facility's Integrative treatment approach was one of the first in the addiction and mental health field. The expertise of combining traditional western medicine with holistic health services has gained a national reputation for healing and recovery within the industry. This comprehensive treatment includes a team of psychiatrists, physicians, psychologists, addiction and mental health specialists with years of experience in the field.

We recognize that all people are unique and should be treated as such. Through a comprehensive assessment

process, patients are provided with an individualized treatment plan to guide them through their recovery process in collaboration with their treating professionals. Acupuncture, Neurofeedback, Biofeedback, Yoga,

massage and individual personal training are just a few of the services offered at Casa Palmera to supplement our core curriculum.

Unlike most residential or rehab facilities, Casa Palmera is licensed to provide medical supervision and around the clock nursing 24 hours a day, 7 days per week. Throughout the recovery process, our team of nurses has shown time and again why this kind of on-site medical service is crucial for superior medical care.

As one of the most unique treatment facilities in the nation, we offer hope to individuals and families needing immediate care. We look forward to welcoming you into Casa Palmera's healing environment.



We are in-network with most major health plans:



We are also able to work on an out of network basis with others.