



888-481-4481

CASA PALMERA

CasaPalmera.com

WHERE LIFE BEGINS AGAIN

# Chemical Dependency Program

Millions of Americans are addicted to substances and are suffering the consequences of this painful disease. The problem is an epidemic and ultimately can be deadly to the individual suffering with this illness. It is not just the individual that pays the price, however, as families and loved ones suffer the painful effects of addiction as well. Jobs and careers are destroyed, finances are depleted, and the progression of devastation continues. Many people try to stop, but without professional help, most people are unsuccessful in their efforts.



Casa Palmera's team of clinicians have the experience and expertise to guide our patients through the treatment process. This often begins with medically monitored detoxification and progresses through our residential, partial hospitalization, and outpatient programs. Casa Palmera was among the first in the

industry to utilize an integrative treatment model, combining traditional "Western Medicine" with holistic services such as massage, acupuncture and Yoga. Our facility provides state-of-the-art, patient-centered treatment, in a safe and tranquil environment, which is conducive to healing both the mind and the body. Each patient's individualized treatment plan addresses not only substance abuse problems, but any underlying or co-occurring conditions that may be contributing to the addiction disorder.

We are in network with most managed care insurance companies including Blue Cross/Anthem, Aetna, Blue Shield, MHN, Sharp Healthcare, and United Behavioral Health. Casa Palmera is able to work on an out of network basis with others and look forward to welcoming you into our healing environment.

## Chemical Dependency Treatment includes:

- Individual Therapy
- Group Therapy
- 24-hour Licensed Nursing Staff
- 12-Step Healing & Wellness
- Exposure Response Prevention
- Bio/Neurofeedback with Brain Mapping
- Neurobiology of Addiction
- Spiritual Wellbeing
- Steps Study Group

- Co-Dependency Workshops
- Yoga
- Massage Therapy
- Acupuncture
- Meditation
- Ropes Course & Climbing Wall
- Fitness Center & Personal Training
- Intensive 3-day Family Program
- Relapse Prevention